



Lunch-N-Thyme Signature Wraps, Salads, Sandwiches and Specials of the Day



SIGNATURE WRAPS

Our wraps are made from multigrains and flaxseeds — Not a tortilla.

CHERRY CHICKEN SALAD	\$ 6.50
<i>Our Homemade Dried Cherry Chicken Salad with tomatoes, carrots and mixed greens.</i>	
TURKEY BLT	\$ 6.50
<i>Oven-Roasted, Smoked Turkey Breast with smoked bacon, lettuce and tomatoes.</i>	
CHICKEN & BACON CAESAR	\$ 6.50
<i>Our Homemade Caesar Dressing with Grilled Chicken Breast, romaine lettuce, crumbled smoked bacon and Parmesan cheese.</i>	
VEGETARIAN	\$ 6.25
<i>Cucumbers, roasted red peppers, shredded carrots, tomatoes, Kalamata olives, mixed greens and a spread of pesto.</i>	

SALADS

Salads come with your choice of homemade dressings:

Ranch, Creamy Caesar, Herb Vinaigrette or Honey Poppy Seed

GARDEN SALAD	\$ 7.00
<i>Mixed greens topped with carrots, cucumbers, roasted red peppers and tomatoes.</i>	
CHICKEN & BACON CAESAR SALAD	\$ 7.50
<i>Our Homemade Creamy Caesar dressing with Grilled Chicken Breast, romaine lettuce, crumbled smoked bacon, Parmesan cheese and homemade croutons.</i>	
CHICKEN BLT RANCH SALAD	\$ 7.50
<i>Grilled Chicken Breast tossed with homemade Ranch dressing, crumbled smoked bacon, romaine lettuce and tomatoes.</i>	
CHERRY CHICKEN SALAD	\$ 7.50
<i>Our Homemade Dried Cherry Chicken Salad with tomatoes, carrots and mixed greens.</i>	

SIDE DISHES

VEGGIE PASTA SALAD	\$ 1.50
HAWAIIAN PASTA SALAD	\$ 1.50
BAG OF POTATO CHIPS	\$.75
COTTAGE ROLL	\$.75

CLASSIC SANDWICHES

Sandwiches are prepared with Homemade sandwich spread, mustard, lettuce and tomato on your choice of Wheat or Sourdough bread. Add Swiss or Cheddar cheese for \$.50.

	<u>HALF</u>	<u>WHOLE</u>
HONEY ROASTED TURKEY	\$ 3.00	\$ 5.25
<i>Sliced Honey-Roasted, Smoked Turkey Breast.</i>		
BLACK FOREST HAM	\$ 3.00	\$ 5.25
<i>Freshly sliced, Hardwood-Smoked Black Forest Ham.</i>		
ROAST BEEF	\$ 3.25	\$ 5.50
<i>Slow Roasted, Medium Rare Roast Beef.</i>		
SMOKEY BACON, LETTUCE & TOMATO	\$ 2.75	\$ 5.00
<i>Smoked Bacon, green leaf lettuce and sliced tomatoes.</i>		

DAILY SANDWICH OR WRAP SPECIALS

All daily specials are prepared in limited quantities.

MONDAY:	TURKEY & ROASTED RED PEPPER	\$ 5.50
<i>Sliced Honey-Roasted, Smoked Turkey Breast with chopped Roasted Red Peppers.</i>		
TUESDAY:	HOME-STYLE MAC & CHEESE	\$ 5.25
<i>Creamy Mac & Cheese with breadcrumb topping.</i>		
WEDNESDAY:	ITALIAN MEATBALL SUB	\$ 5.75
<i>Italian Meatballs served on a Hoagie roll with marinara sauce and provolone cheese.</i>		
THURSDAY:	SPICY EGG SALAD AND BACON	\$ 5.75
<i>Egg Salad made with a hint of horseradish and topped with crumbled smoked bacon.</i>		
FRIDAY:	TARRAGON TUNA SALAD	\$ 5.50
<i>Albacore Tuna mixed with tarragon, celery, sweet relish, green onions and mayonnaise.</i>		

DESSERT TRAY

DAILY SWEET	VARIES
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DRINKS

COKE, DIET COKE OR SPRITE IN A CAN	\$ 1.00
BOTTLE WATER	\$ 1.00